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ABSTRACT

This book reports two scientific studies of the frequency of discrimination against women and the physical and mental health impacts of discrimination. The preface and introduction contain an overview of the studies, which examined a sample of women selected to represent educational, racial, economic, and age diversity, and a summary of existing scientific evidence of sex discrimination in health care, salaries, and work. The following items are included in part 1 (the first six chapters): rationale for and content of the 20-item Schedule of Sexist Events (SSE) that served as the survey instrument; results of administering the survey to the two samples (which consisted of 631 and 652 women, respectively); physical and psychiatric symptoms experienced by the women; and a theoretical model of how sexist discrimination impacts women's mental and physical health. The following papers constitute part 2 (chapters 7-8: "Coping with Sexist Discrimination: Toward Recovery and Resistance" (Phyllis Bronstein); "Individual and Collective Action: Social Approaches and Remedies for Sexist Discrimination" (Bernice Lott, Lisa M. Rocchio); and part 3 consisting of the paper "Legal Approaches to Sex Discrimination" (Lynne A. Wurzburg, Robert E. Klonoff). Fifty-two tables/figures are included. Appended is an explanation of the statistical analysis techniques used. Contains 273 references. (YM)

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